

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 17:00 untill 17:45. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Tieghem Kristof

Coaches: Lefever Valerie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MEN 11+		Heat:15, starttime: 18:15
Heat: 15/16 Lane : 2 Athlete: DE CRAEMER CAS		Q-time: 00:25:20
PB (50m pool): 00:24.73 Brugge 14/02/2026		PB (25m pool): 00:24.72 SB: 00:24.73 Brugge 14/02/2026
PB	5 0 M	
	00:24.73	
	00:24.73	
		

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+		Heat:15, starttime: 18:15
Heat: 15/16 Lane : 4 Athlete: DRUANT ANDREAS		Q-time: 00:23:84
PB (50m pool): 00:23.84 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:23.17 SB: 00:24.03 Antwerpen 22/03/2026
PB	5 0 M	
	00:23.84	
	00:23.84	
		

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+		Heat:16, starttime: 18:15
Heat: 16/16 Lane : 8 Athlete: EECKHOUT SIEBEN		Q-time: 00:25:74
PB (50m pool): 00:25.74 Brugge 14/02/2026		PB (25m pool): 00:25.74 SB: 00:25.74 Brugge 14/02/2026
PB	5 0 M	
	00:25.74	
	00:25.74	
		

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+										Heat:13, starttime: 18:30																													
Heat: 13/15																				Lane : 2					Athlete: MIGOM LOBKE										Q-time: 00:28:55				
PB (50m pool): 00:28.55										Antwerp 09/02/2025										PB (25m pool): 00:27.94										SB: 00:28.65					Antwerpen 22/03/2026				
		5 0 M																																					
PB		00:28.55																																					
		00:28.55																																					
																																							

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+										Heat:10, starttime: 18:45																													
Heat: 10/11																				Lane : 5					Athlete: DE CRAEMER CAS										Q-time: 00:28:22				
PB (50m pool): 00:27.98										Brugge 14/02/2026					PB (25m pool): 00:26.99										SB: 00:27.98 Brugge 14/02/2026														
	5 0 M																																						
PB	00:27.98																																						
	00:27.98																																						
																																							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+										Heat:9, starttime: 18:55																				
Heat: 9/10 Lane : 3 Athlete: MIGOM LOBKE																				Q-time: 00:32:50										
PB (50m pool): 00:32.50 Antwerpen 27/07/2025										PB (25m pool): 00:31.50 SB: 00:32.68 Brugge 01/02/2026																				
	5 0 M																													
PB	00:32.50																													
	00:32.50																													
																														

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+										Heat:11, starttime: 19:25																													
Heat: 11/11																				Lane : 2					Athlete: DE CRAEMER CAS										Q-time: 00:27:34				
PB (50m pool): 00:26.63										Brugge 14/02/2026					PB (25m pool): 00:28.08										SB: 00:26.63 Brugge 14/02/2026														
	5 0 M																																						
PB	00:26.63																																						
	00:26.63																																						
																																							

Coach feedback:

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Event number: 5: 50M BUTTERFLY MEN 11+		Heat:11, starttime: 19:25
Heat: 11/11 Lane : 3 Athlete: DRUANT ANDREAS		Q-time: 00:26:50
PB (50m pool): 00:26.40 Antwerpen 28/07/2024 PB (25m pool): 00:26.47 SB: no time		
	5 0 M	
PB	00:26.40	
	00:26.40	
		

Coach feedback: